

A Coruña - 2022

| XANEIRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 sábado | 08:44 21:09 | 0,70 0,70 | 02:35 15:03 | 3,70 3,70 | 16 domingo | 09:35 21:39 | 1,10 1,10 | 03:21 15:41 | 3,40 3,30 |
| 2 domingo | 09:38 21:59 | 0,50 0,60 | 03:26 15:55 | 3,90 3,80 | 17 luns | 10:11 22:13 | 1,00 1,00 | 03:56 16:16 | 3,50 3,40 |
| 3 luns | 10:29 22:47 | 0,40 0,50 | 04:16 16:46 | 4,10 3,90 | 18 martes | 10:45 22:46 | 0,90 0,90 | 04:30 16:50 | 3,60 3,40 |
| 4 martes | 11:20 23:34 | 0,40 0,60 | 05:05 17:35 | 4,10 3,80 | 19 mércores | 11:18 23:20 | 0,80 0,90 | 05:03 17:24 | 3,70 3,50 |
| 5 mércores | 12:09 | 0,40 | 05:54 18:24 | 4,10 3,70 | 20 xoves | 11:52 23:54 | 0,80 0,90 | 05:37 17:58 | 3,70 3,50 |
| 6 xoves | 00:21 12:57 | 0,70 0,60 | 06:42 19:12 | 4,00 3,50 | 21 venres | 12:27 | 0,80 | 06:12 18:35 | 3,70 3,40 |
| 7 venres | 01:08 13:46 | 0,80 0,80 | 07:30 20:00 | 3,80 3,30 | 22 sábado | 00:31 13:04 | 0,90 0,90 | 06:49 19:14 | 3,70 3,40 |
| 8 sábado | 01:57 14:36 | 1,00 1,00 | 08:20 20:52 | 3,60 3,10 | 23 domingo | 01:11 13:45 | 1,00 0,90 | 07:29 19:57 | 3,60 3,30 |
| 9 domingo | 02:50 15:30 | 1,20 1,20 | 09:14 21:49 | 3,40 3,00 | 24 luns | 01:55 14:31 | 1,10 1,10 | 08:14 20:47 | 3,50 3,20 |
| 10 luns | 03:50 16:30 | 1,40 1,40 | 10:13 22:55 | 3,20 2,90 | 25 martes | 02:46 15:25 | 1,20 1,20 | 09:06 21:46 | 3,30 3,10 |
| 11 martes | 04:58 17:36 | 1,50 1,50 | 11:19 | 3,00 | 26 mércores | 03:48 16:32 | 1,30 1,30 | 10:11 22:58 | 3,20 3,10 |
| 12 mércores | 06:11 18:41 | 1,50 1,50 | 00:03 12:27 | 2,90 3,00 | 27 xoves | 05:02 17:48 | 1,30 1,30 | 11:28 | 3,10 |
| 13 xoves | 07:16 19:37 | 1,50 1,40 | 01:07 13:28 | 3,00 3,00 | 28 venres | 06:23 19:03 | 1,30 1,20 | 00:14 12:48 | 3,20 3,20 |
| 14 venres | 08:11 20:23 | 1,40 1,30 | 01:59 14:20 | 3,10 3,10 | 29 sábado | 07:37 20:07 | 1,10 1,00 | 01:24 14:00 | 3,40 3,40 |
| 15 sábado | 08:56 21:03 | 1,20 1,20 | 02:43 15:03 | 3,30 3,20 | 30 domingo | 08:40 21:02 | 0,80 0,80 | 02:26 15:00 | 3,60 3,50 |
| | | | | | 31 luns | 09:35 21:52 | 0,60 0,60 | 03:20 15:52 | 3,80 3,70 |

| FEBREIRO | | | | | | | | | |
|----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 martes | 10:24 22:37 | 0,40 0,50 | 04:09 16:39 | 4,00 3,80 | 16 mércores | 10:26 22:28 | 0,80 0,80 | 04:11 16:32 | 3,70 3,50 |
| 2 mércores | 11:09 23:21 | 0,30 0,50 | 04:55 17:23 | 4,20 3,80 | 17 xoves | 10:57 23:01 | 0,70 0,70 | 04:44 17:04 | 3,80 3,60 |
| 3 xoves | 11:52 | 0,40 | 05:39 18:04 | 4,20 3,80 | 18 venres | 11:30 23:35 | 0,60 0,60 | 05:17 17:37 | 3,90 3,70 |
| 4 venres | 00:02 12:33 | 0,50 0,50 | 06:21 18:44 | 4,10 3,70 | 19 sábado | 12:03 | 0,60 | 05:51 18:12 | 3,90 3,70 |
| 5 sábado | 00:43 13:12 | 0,70 0,70 | 07:02 19:23 | 3,90 3,50 | 20 domingo | 00:10 12:38 | 0,60 0,60 | 06:26 18:48 | 3,90 3,60 |
| 6 domingo | 01:23 13:52 | 0,90 0,90 | 07:42 20:03 | 3,70 3,30 | 21 luns | 00:48 13:16 | 0,70 0,80 | 07:04 19:28 | 3,80 3,50 |
| 7 luns | 02:06 14:34 | 1,10 1,20 | 08:24 20:48 | 3,40 3,10 | 22 martes | 01:30 13:59 | 0,90 0,90 | 07:47 20:14 | 3,60 3,40 |
| 8 martes | 02:54 15:23 | 1,30 1,40 | 09:12 21:43 | 3,10 2,90 | 23 mércores | 02:18 14:50 | 1,00 1,20 | 08:36 21:11 | 3,40 3,20 |
| 9 mércores | 03:54 16:25 | 1,60 1,60 | 10:12 22:56 | 2,90 2,80 | 24 xoves | 03:18 15:57 | 1,30 1,40 | 09:41 22:26 | 3,10 3,10 |
| 10 xoves | 05:14 17:47 | 1,70 1,70 | 11:32 | 2,70 | 25 venres | 04:39 17:26 | 1,40 1,50 | 11:10 23:56 | 3,00 3,10 |
| 11 venres | 06:43 19:05 | 1,70 1,60 | 00:20 12:56 | 2,80 2,80 | 26 sábado | 06:15 18:55 | 1,40 1,40 | 12:46 | 3,00 |
| 12 sábado | 07:52 20:02 | 1,50 1,50 | 01:31 14:00 | 2,90 2,90 | 27 domingo | 07:38 20:03 | 1,10 1,10 | 01:17 14:01 | 3,30 3,20 |
| 13 domingo | 08:41 20:46 | 1,30 1,30 | 02:22 14:47 | 3,10 3,00 | 28 luns | 08:39 20:56 | 0,90 0,90 | 02:21 14:57 | 3,60 3,50 |
| 14 luns | 09:20 21:22 | 1,10 1,10 | 03:03 15:25 | 3,30 3,20 | | | | | |
| 15 martes | 09:54 21:56 | 0,90 1,00 | 03:38 15:59 | 3,50 3,40 | | | | | |

A Coruña - 2022

| MARZO | | | | | | | | | |
|----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 martes | 09:28 21:41 | 0,60 0,70 | 03:13 15:44 | 3,80 3,70 | 16 mércores | 09:26 21:30 | 0,90 0,90 | 03:11 15:33 | 3,50 3,50 |
| 2 mércores | 10:11 22:22 | 0,40 0,50 | 03:58 16:25 | 4,00 3,80 | 17 xoves | 09:58 22:03 | 0,70 0,70 | 03:44 16:05 | 3,70 3,70 |
| 3 xoves | 10:50 23:01 | 0,40 0,50 | 04:39 17:02 | 4,20 3,90 | 18 venres | 10:29 22:37 | 0,50 0,60 | 04:18 16:38 | 3,90 3,80 |
| 4 venres | 11:27 23:38 | 0,40 0,50 | 05:18 17:38 | 4,20 3,80 | 19 sábado | 11:02 23:11 | 0,40 0,50 | 04:51 17:11 | 4,00 3,90 |
| 5 sábado | 12:02 | 0,50 | 05:54 18:12 | 4,10 3,70 | 20 domingo | 11:36 23:48 | 0,40 0,50 | 05:26 17:46 | 4,10 3,90 |
| 6 domingo | 00:14 12:36 | 0,60 0,70 | 06:30 18:46 | 3,90 3,60 | 21 luns | 12:12 | 0,50 | 06:03 18:24 | 4,00 3,80 |
| 7 luns | 00:50 13:10 | 0,80 0,90 | 07:05 19:20 | 3,60 3,40 | 22 martes | 00:27 12:51 | 0,60 0,70 | 06:43 19:04 | 3,80 3,70 |
| 8 martes | 01:27 13:45 | 1,00 1,20 | 07:40 19:57 | 3,40 3,20 | 23 mércores | 01:10 13:35 | 0,70 0,90 | 07:27 19:52 | 3,60 3,50 |
| 9 mércores | 02:07 14:24 | 1,30 1,40 | 08:20 20:42 | 3,10 3,00 | 24 xoves | 02:01 14:28 | 1,00 1,20 | 08:20 20:52 | 3,30 3,20 |
| 10 xoves | 02:58 15:17 | 1,50 1,70 | 09:12 21:46 | 2,80 2,80 | 25 venres | 03:06 15:41 | 1,20 1,50 | 09:32 22:13 | 3,00 3,10 |
| 11 venres | 04:15 16:42 | 1,70 1,80 | 10:32 23:22 | 2,60 2,70 | 26 sábado | 04:36 17:20 | 1,40 1,60 | 11:12 23:49 | 2,90 3,10 |
| 12 sábado | 06:02 18:25 | 1,80 1,80 | 12:17 | 2,60 | 27 domingo | 07:18 19:50 | 1,30 1,40 | 13:48 | 3,00 |
| 13 domingo | 07:24 19:34 | 1,60 1,60 | 00:52 13:33 | 2,80 2,80 | 28 luns | 08:34 20:54 | 1,10 1,20 | 02:10 14:56 | 3,30 3,20 |
| 14 luns | 08:15 20:20 | 1,40 1,40 | 01:52 14:22 | 3,00 3,00 | 29 martes | 09:28 21:42 | 0,90 0,90 | 03:10 15:45 | 3,60 3,50 |
| 15 martes | 08:53 20:57 | 1,10 1,10 | 02:35 15:00 | 3,30 3,20 | 30 mércores | 10:11 22:23 | 0,70 0,70 | 03:58 16:26 | 3,80 3,70 |
| | | | | | 31 xoves | 10:49 23:01 | 0,50 0,60 | 04:39 17:03 | 4,00 3,80 |

| ABRIL | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 venres | 11:25 23:37 | 0,50 0,50 | 05:17 17:37 | 4,00 3,80 | 16 sábado | 10:57 23:09 | 0,50 0,50 | 04:47 17:08 | 3,90 3,90 |
| 2 sábado | 11:58 | 0,50 | 05:52 18:09 | 4,00 3,80 | 17 domingo | 11:33 23:47 | 0,40 0,40 | 05:24 17:44 | 4,00 4,00 |
| 3 domingo | 00:12 12:30 | 0,50 0,60 | 06:26 18:41 | 3,90 3,80 | 18 luns | 12:10 | 0,40 | 06:02 18:22 | 4,10 4,00 |
| 4 luns | 00:46 13:01 | 0,70 0,80 | 06:58 19:12 | 3,80 3,60 | 19 martes | 00:27 12:49 | 0,40 0,50 | 06:43 19:03 | 4,00 3,90 |
| 5 martes | 01:20 13:33 | 0,80 1,00 | 07:31 19:44 | 3,50 3,40 | 20 mércores | 01:11 13:32 | 0,50 0,70 | 07:27 19:49 | 3,80 3,80 |
| 6 mércores | 01:55 14:05 | 1,00 1,20 | 08:04 20:18 | 3,30 3,30 | 21 xoves | 01:59 14:20 | 0,70 1,00 | 08:17 20:41 | 3,50 3,50 |
| 7 xoves | 02:33 14:42 | 1,30 1,40 | 08:42 21:00 | 3,00 3,00 | 22 venres | 02:56 15:19 | 1,00 1,30 | 09:17 21:47 | 3,20 3,30 |
| 8 venres | 03:20 15:29 | 1,50 1,60 | 09:31 21:57 | 2,80 2,90 | 23 sábado | 04:07 16:38 | 1,20 1,50 | 10:36 23:09 | 3,00 3,20 |
| 9 sábado | 04:29 16:44 | 1,70 1,80 | 10:45 23:23 | 2,60 2,80 | 24 domingo | 05:38 18:12 | 1,30 1,50 | 12:11 | 2,90 |
| 10 domingo | 06:09 18:30 | 1,70 1,80 | 12:28 | 2,60 | 25 luns | 07:07 19:32 | 1,20 1,40 | 00:37 13:34 | 3,20 3,00 |
| 11 luns | 07:37 19:49 | 1,60 1,60 | 00:58 13:50 | 2,80 2,80 | 26 martes | 08:14 20:31 | 1,10 1,20 | 01:50 14:35 | 3,40 3,20 |
| 12 martes | 08:33 20:40 | 1,40 1,40 | 02:06 14:43 | 3,00 3,00 | 27 mércores | 09:04 21:19 | 0,90 1,00 | 02:47 15:22 | 3,50 3,40 |
| 13 mércores | 09:14 21:21 | 1,10 1,10 | 02:54 15:23 | 3,30 3,30 | 28 xoves | 09:46 21:59 | 0,80 0,80 | 03:34 16:01 | 3,70 3,60 |
| 14 xoves | 09:49 21:57 | 0,90 0,90 | 03:34 15:58 | 3,50 3,50 | 29 venres | 10:22 22:37 | 0,70 0,70 | 04:14 16:36 | 3,80 3,70 |
| 15 venres | 10:23 22:33 | 0,60 0,70 | 04:10 16:33 | 3,70 3,70 | 30 sábado | 10:56 23:13 | 0,60 0,70 | 04:51 17:10 | 3,80 3,70 |

A Coruña - 2022

| MAIO | | | | | | | | | |
|-----------------------|-------|------|-------|------|-----------------------|-------|------|-------|------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 domingo | 11:28 | 0,70 | 05:25 | 3,80 | 16 luns | 11:06 | 0,40 | 04:58 | 4,00 |
| | 23:47 | 0,70 | 17:41 | 3,70 | | 23:26 | 0,40 | 17:20 | 4,00 |
| 2 luns | 12:00 | 0,70 | 05:59 | 3,70 | 17 martes | 11:48 | 0,50 | 05:42 | 4,00 |
| | | | 18:13 | 3,70 | | | | 18:03 | 4,00 |
| 3 martes | 00:21 | 0,80 | 06:31 | 3,60 | 18 mércores | 00:12 | 0,40 | 06:29 | 3,90 |
| | 12:31 | 0,90 | 18:44 | 3,60 | | 12:33 | 0,60 | 18:50 | 4,00 |
| 4 mércores | 00:56 | 0,90 | 07:04 | 3,40 | 19 xoves | 01:02 | 0,50 | 07:19 | 3,70 |
| | 13:03 | 1,00 | 19:17 | 3,50 | | 13:21 | 0,70 | 19:41 | 3,80 |
| 5 xoves | 01:32 | 1,10 | 07:39 | 3,20 | 20 venres | 01:55 | 0,70 | 08:14 | 3,50 |
| | 13:36 | 1,20 | 19:53 | 3,30 | | 14:14 | 1,00 | 20:38 | 3,70 |
| 6 venres | 02:11 | 1,20 | 08:18 | 3,00 | 21 sábado | 02:56 | 0,90 | 09:17 | 3,20 |
| | 14:14 | 1,40 | 20:34 | 3,20 | | 15:16 | 1,20 | 21:43 | 3,50 |
| 7 sábado | 02:58 | 1,40 | 09:06 | 2,80 | 22 domingo | 04:06 | 1,10 | 10:31 | 3,10 |
| | 15:01 | 1,50 | 21:28 | 3,00 | | 16:28 | 1,30 | 22:56 | 3,40 |
| 8 domingo | 03:58 | 1,60 | 10:12 | 2,70 | 23 luns | 05:22 | 1,20 | 11:50 | 3,00 |
| | 16:06 | 1,70 | 22:38 | 2,90 | | 17:47 | 1,40 | | |
| 9 luns | 05:16 | 1,60 | 11:34 | 2,70 | 24 martes | 06:37 | 1,20 | 00:10 | 3,30 |
| | 17:30 | 1,70 | 23:57 | 2,90 | | 18:59 | 1,30 | 13:02 | 3,10 |
| 10 martes | 06:35 | 1,50 | 12:52 | 2,80 | 25 mércores | 07:40 | 1,10 | 01:18 | 3,40 |
| | 18:49 | 1,60 | | | | 19:59 | 1,20 | 14:01 | 3,20 |
| 11 mércores | 07:37 | 1,30 | 01:07 | 3,00 | 26 xoves | 08:31 | 1,00 | 02:16 | 3,40 |
| | 19:49 | 1,40 | 13:51 | 3,00 | | 20:49 | 1,10 | 14:50 | 3,30 |
| 12 xoves | 08:25 | 1,10 | 02:03 | 3,20 | 27 venres | 09:14 | 1,00 | 03:04 | 3,50 |
| | 20:36 | 1,20 | 14:38 | 3,30 | | 21:33 | 1,00 | 15:32 | 3,40 |
| 13 venres | 09:06 | 0,90 | 02:50 | 3,50 | 28 sábado | 09:53 | 0,90 | 03:47 | 3,50 |
| | 21:19 | 0,90 | 15:19 | 3,50 | | 22:14 | 0,90 | 16:09 | 3,50 |
| 14 sábado | 09:46 | 0,70 | 03:33 | 3,70 | 29 domingo | 10:28 | 0,90 | 04:26 | 3,50 |
| | 22:01 | 0,70 | 15:59 | 3,70 | | 22:51 | 0,90 | 16:45 | 3,60 |
| 15 domingo | 10:25 | 0,50 | 04:15 | 3,90 | 30 luns | 11:02 | 0,90 | 05:02 | 3,50 |
| | 22:43 | 0,50 | 16:38 | 3,90 | | 23:28 | 0,90 | 17:18 | 3,60 |
| | | | | | 31 martes | 11:36 | 0,90 | 05:36 | 3,50 |
| | | | | | | | | 17:51 | 3,60 |

| XUÑO | | | | | | | | | |
|-----------------------|-------|------|-------|------|-----------------------|-------|------|-------|------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 mércores | 00:04 | 0,90 | 06:11 | 3,40 | 16 xoves | 00:04 | 0,40 | 06:21 | 3,80 |
| | 12:08 | 1,00 | 18:24 | 3,60 | | 12:22 | 0,60 | 18:41 | 4,00 |
| 2 xoves | 00:39 | 1,00 | 06:45 | 3,30 | 17 venres | 00:56 | 0,50 | 07:13 | 3,70 |
| | 12:42 | 1,10 | 18:59 | 3,50 | | 13:13 | 0,70 | 19:34 | 4,00 |
| 3 venres | 01:16 | 1,10 | 07:22 | 3,20 | 18 sábado | 01:51 | 0,60 | 08:08 | 3,50 |
| | 13:17 | 1,20 | 19:36 | 3,40 | | 14:06 | 0,90 | 20:29 | 3,80 |
| 4 sábado | 01:55 | 1,20 | 08:01 | 3,10 | 19 domingo | 02:47 | 0,70 | 09:06 | 3,40 |
| | 13:56 | 1,30 | 20:17 | 3,30 | | 15:02 | 1,00 | 21:27 | 3,70 |
| 5 domingo | 02:39 | 1,30 | 08:47 | 3,00 | 20 luns | 03:47 | 0,90 | 10:07 | 3,20 |
| | 14:41 | 1,40 | 21:04 | 3,20 | | 16:03 | 1,20 | 22:28 | 3,50 |
| 6 luns | 03:29 | 1,40 | 09:41 | 2,90 | 21 martes | 04:49 | 1,10 | 11:11 | 3,10 |
| | 15:35 | 1,50 | 22:00 | 3,10 | | 17:08 | 1,30 | 23:32 | 3,40 |
| 7 martes | 04:28 | 1,40 | 10:45 | 2,90 | 22 mércores | 05:53 | 1,20 | 12:16 | 3,10 |
| | 16:39 | 1,50 | 23:03 | 3,10 | | 18:15 | 1,30 | | |
| 8 mércores | 05:33 | 1,40 | 11:52 | 2,90 | 23 xoves | 06:56 | 1,20 | 00:37 | 3,30 |
| | 17:48 | 1,50 | | | | 19:20 | 1,30 | 13:18 | 3,10 |
| 9 xoves | 06:35 | 1,30 | 00:08 | 3,10 | 24 venres | 07:52 | 1,20 | 01:38 | 3,20 |
| | 18:53 | 1,40 | 12:55 | 3,00 | | 20:18 | 1,30 | 14:14 | 3,20 |
| 10 venres | 07:32 | 1,10 | 01:10 | 3,20 | 25 sábado | 08:42 | 1,20 | 02:33 | 3,20 |
| | 19:50 | 1,20 | 13:50 | 3,20 | | 21:09 | 1,20 | 15:02 | 3,30 |
| 11 sábado | 08:23 | 1,00 | 02:06 | 3,40 | 26 domingo | 09:26 | 1,10 | 03:21 | 3,20 |
| | 20:42 | 1,00 | 14:40 | 3,40 | | 21:55 | 1,10 | 15:45 | 3,40 |
| 12 domingo | 09:11 | 0,80 | 02:58 | 3,60 | 27 luns | 10:06 | 1,10 | 04:05 | 3,30 |
| | 21:33 | 0,80 | 15:27 | 3,70 | | 22:36 | 1,10 | 16:25 | 3,40 |
| 13 luns | 09:58 | 0,70 | 03:49 | 3,70 | 28 martes | 10:43 | 1,00 | 04:44 | 3,30 |
| | 22:22 | 0,60 | 16:14 | 3,80 | | 23:14 | 1,00 | 17:01 | 3,50 |
| 14 martes | 10:45 | 0,60 | 04:39 | 3,80 | 29 mércores | 11:18 | 1,00 | 05:20 | 3,30 |
| | 23:12 | 0,50 | 17:02 | 4,00 | | 23:50 | 1,00 | 17:36 | 3,50 |
| 15 mércores | 11:33 | 0,50 | 05:29 | 3,90 | 30 xoves | 11:52 | 1,00 | 05:56 | 3,30 |
| | | | 17:51 | 4,00 | | | | 18:10 | 3,60 |

A Coruña - 2022

| XULLO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 venres | 00:26 12:26 | 1,00 1,00 | 06:31 18:44 | 3,30 3,60 | 16 sábado | 00:47 13:01 | 0,40 0,60 | 07:02 19:21 | 3,80 4,10 |
| 2 sábado | 01:01 13:01 | 1,00 1,10 | 07:06 19:19 | 3,30 3,50 | 17 domingo | 01:36 13:49 | 0,40 0,70 | 07:51 20:10 | 3,70 4,00 |
| 3 domingo | 01:37 13:38 | 1,00 1,10 | 07:43 19:57 | 3,20 3,50 | 18 luns | 02:25 14:37 | 0,60 0,80 | 08:40 21:00 | 3,50 3,80 |
| 4 luns | 02:16 14:19 | 1,10 1,20 | 08:24 20:38 | 3,20 3,40 | 19 martes | 03:14 15:28 | 0,80 1,00 | 09:29 21:51 | 3,30 3,60 |
| 5 martes | 02:58 15:04 | 1,10 1,30 | 09:09 21:24 | 3,10 3,30 | 20 mércores | 04:05 16:23 | 1,10 1,20 | 10:23 22:46 | 3,20 3,30 |
| 6 mércores | 03:45 15:56 | 1,20 1,30 | 10:00 22:16 | 3,10 3,20 | 21 xoves | 05:00 17:26 | 1,30 1,40 | 11:22 23:48 | 3,00 3,10 |
| 7 xoves | 04:38 16:55 | 1,30 1,40 | 10:58 23:16 | 3,00 3,20 | 22 venres | 06:03 18:37 | 1,40 1,50 | 12:29 | 3,00 |
| 8 venres | 05:38 18:01 | 1,30 1,40 | 12:01 | 3,10 | 23 sábado | 07:09 19:48 | 1,50 1,50 | 00:56 13:36 | 3,00 3,00 |
| 9 sábado | 06:43 19:09 | 1,20 1,30 | 00:21 13:05 | 3,20 3,20 | 24 domingo | 08:12 20:50 | 1,40 1,40 | 02:03 14:36 | 3,00 3,10 |
| 10 domingo | 07:46 20:14 | 1,10 1,10 | 01:28 14:07 | 3,30 3,30 | 25 luns | 09:04 21:41 | 1,40 1,30 | 03:01 15:26 | 3,00 3,20 |
| 11 luns | 08:46 21:14 | 1,00 0,90 | 02:33 15:04 | 3,40 3,50 | 26 martes | 09:49 22:24 | 1,20 1,20 | 03:49 16:09 | 3,10 3,30 |
| 12 martes | 09:41 22:11 | 0,80 0,70 | 03:33 15:59 | 3,50 3,80 | 27 mércores | 10:27 23:01 | 1,10 1,00 | 04:30 16:46 | 3,20 3,50 |
| 13 mércores | 10:33 23:05 | 0,70 0,50 | 04:29 16:51 | 3,70 4,00 | 28 xoves | 11:02 23:35 | 1,00 0,90 | 05:06 17:20 | 3,30 3,60 |
| 14 xoves | 11:23 23:57 | 0,60 0,40 | 05:22 17:42 | 3,80 4,10 | 29 venres | 11:36 | 1,00 | 05:40 17:52 | 3,40 3,60 |
| 15 venres | 12:12 | 0,60 | 06:13 18:32 | 3,80 4,10 | 30 sábado | 00:08 12:08 | 0,90 0,90 | 06:12 18:25 | 3,40 3,70 |
| | | | | | 31 domingo | 00:40 12:42 | 0,80 0,90 | 06:45 18:58 | 3,40 3,70 |

| AGOSTO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 luns | 01:13 13:16 | 0,80 0,90 | 07:19 19:33 | 3,40 3,70 | 16 martes | 01:53 14:05 | 0,60 0,70 | 08:05 20:25 | 3,60 3,80 |
| 2 martes | 01:47 13:53 | 0,90 1,00 | 07:55 20:10 | 3,40 3,60 | 17 mércores | 02:34 14:49 | 0,80 1,00 | 08:46 21:08 | 3,40 3,50 |
| 3 mércores | 02:24 14:33 | 0,90 1,00 | 08:34 20:50 | 3,30 3,50 | 18 xoves | 03:16 15:37 | 1,10 1,20 | 09:31 21:56 | 3,20 3,20 |
| 4 xoves | 03:05 15:19 | 1,00 1,20 | 09:19 21:36 | 3,20 3,30 | 19 venres | 04:04 16:35 | 1,40 1,50 | 10:24 22:55 | 3,00 2,90 |
| 5 venres | 03:53 16:13 | 1,20 1,30 | 10:11 22:33 | 3,10 3,20 | 20 sábado | 05:04 17:52 | 1,60 1,60 | 11:33 | 2,90 |
| 6 sábado | 04:51 17:20 | 1,30 1,40 | 11:16 23:44 | 3,10 3,10 | 21 domingo | 06:23 19:22 | 1,70 1,60 | 00:12 12:57 | 2,80 2,80 |
| 7 domingo | 06:03 18:40 | 1,30 1,40 | 12:31 | 3,10 | 22 luns | 07:44 20:35 | 1,60 1,50 | 01:37 14:12 | 2,70 2,90 |
| 8 luns | 07:22 20:00 | 1,30 1,20 | 01:06 13:46 | 3,10 3,20 | 23 martes | 08:46 21:27 | 1,50 1,30 | 02:45 15:07 | 2,90 3,10 |
| 9 martes | 08:33 21:09 | 1,10 1,00 | 02:24 14:53 | 3,20 3,50 | 24 mércores | 09:32 22:07 | 1,30 1,20 | 03:34 15:50 | 3,00 3,30 |
| 10 mércores | 09:33 22:07 | 0,90 0,70 | 03:29 15:51 | 3,40 3,70 | 25 xoves | 10:09 22:41 | 1,20 1,00 | 04:12 16:25 | 3,20 3,50 |
| 11 xoves | 10:25 22:58 | 0,70 0,50 | 04:24 16:43 | 3,60 4,00 | 26 venres | 10:42 23:12 | 1,00 0,80 | 04:46 16:57 | 3,30 3,60 |
| 12 venres | 11:13 23:45 | 0,60 0,30 | 05:14 17:30 | 3,80 4,20 | 27 sábado | 11:14 23:42 | 0,90 0,70 | 05:17 17:29 | 3,50 3,70 |
| 13 sábado | 11:58 | 0,50 | 05:59 18:16 | 3,90 4,20 | 28 domingo | 11:45 | 0,80 | 05:48 18:00 | 3,60 3,80 |
| 14 domingo | 00:29 12:41 | 0,30 0,50 | 06:42 19:00 | 3,90 4,20 | 29 luns | 00:12 12:17 | 0,70 0,70 | 06:19 18:32 | 3,60 3,90 |
| 15 luns | 01:12 13:23 | 0,40 0,50 | 07:24 19:42 | 3,80 4,00 | 30 martes | 00:43 12:50 | 0,60 0,70 | 06:51 19:05 | 3,70 3,80 |
| | | | | | 31 mércores | 01:16 13:26 | 0,70 0,80 | 07:25 19:41 | 3,60 3,70 |

A Coruña - 2022

| SETEMBRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 xoves | 01:51 14:04 | 0,80 0,90 | 08:02 20:20 | 3,50 3,60 | 16 venres | 02:29 14:54 | 1,10 1,20 | 08:43 21:09 | 3,20 3,10 |
| 2 venres | 02:30 14:49 | 1,00 1,00 | 08:45 21:05 | 3,40 3,40 | 17 sábado | 03:10 15:48 | 1,40 1,50 | 09:29 22:03 | 3,00 2,80 |
| 3 sábado | 03:17 15:44 | 1,20 1,20 | 09:36 22:04 | 3,20 3,10 | 18 domingo | 04:05 17:06 | 1,60 1,70 | 10:36 23:25 | 2,80 2,60 |
| 4 domingo | 04:17 16:57 | 1,40 1,40 | 10:45 23:26 | 3,10 3,00 | 19 luns | 05:30 18:51 | 1,80 1,70 | 12:11 | 2,80 |
| 5 luns | 05:41 18:32 | 1,50 1,40 | 12:13 | 3,00 | 20 martes | 07:12 20:11 | 1,80 1,60 | 01:08 13:39 | 2,60 2,90 |
| 6 martes | 07:15 20:01 | 1,40 1,20 | 01:04 13:39 | 3,00 3,20 | 21 mércores | 08:20 21:01 | 1,60 1,40 | 02:22 14:38 | 2,80 3,10 |
| 7 mércores | 08:30 21:07 | 1,20 0,90 | 02:26 14:48 | 3,10 3,50 | 22 xoves | 09:06 21:38 | 1,40 1,10 | 03:09 15:21 | 3,00 3,30 |
| 8 xoves | 09:26 21:59 | 0,90 0,60 | 03:26 15:43 | 3,40 3,80 | 23 venres | 09:42 22:11 | 1,20 0,90 | 03:45 15:56 | 3,20 3,50 |
| 9 venres | 10:14 22:44 | 0,70 0,40 | 04:15 16:30 | 3,70 4,00 | 24 sábado | 10:15 22:41 | 1,00 0,80 | 04:17 16:28 | 3,40 3,70 |
| 10 sábado | 10:57 23:25 | 0,50 0,30 | 04:58 17:13 | 3,80 4,20 | 25 domingo | 10:46 23:11 | 0,80 0,60 | 04:48 16:59 | 3,60 3,80 |
| 11 domingo | 11:37 | 0,40 | 05:38 17:54 | 3,90 4,20 | 26 luns | 11:17 23:41 | 0,60 0,50 | 05:18 17:31 | 3,70 3,90 |
| 12 luns | 00:04 12:16 | 0,30 0,40 | 06:16 18:33 | 3,90 4,20 | 27 martes | 11:50 | 0,60 | 05:50 18:04 | 3,80 4,00 |
| 13 martes | 00:41 12:54 | 0,40 0,50 | 06:52 19:11 | 3,80 4,00 | 28 mércores | 00:13 12:24 | 0,50 0,50 | 06:22 18:39 | 3,80 3,90 |
| 14 mércores | 01:17 13:32 | 0,60 0,70 | 07:28 19:48 | 3,70 3,70 | 29 xoves | 00:47 13:02 | 0,60 0,60 | 06:58 19:16 | 3,80 3,80 |
| 15 xoves | 01:53 14:11 | 0,90 1,00 | 08:04 20:27 | 3,50 3,40 | 30 venres | 01:23 13:43 | 0,70 0,80 | 07:36 19:57 | 3,70 3,60 |

| OUTUBRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 sábado | 02:04 14:30 | 0,90 1,00 | 08:20 20:47 | 3,50 3,30 | 16 domingo | 02:28 15:11 | 1,40 1,50 | 08:48 21:22 | 3,10 2,80 |
| 2 domingo | 02:53 15:30 | 1,20 1,20 | 09:16 21:53 | 3,30 3,00 | 17 luns | 03:18 16:23 | 1,60 1,70 | 09:48 22:38 | 2,90 2,60 |
| 3 luns | 04:00 16:54 | 1,40 1,40 | 10:33 23:28 | 3,10 2,90 | 18 martes | 04:35 18:03 | 1,80 1,70 | 11:15 | 2,80 |
| 4 martes | 05:36 18:37 | 1,60 1,40 | 12:08 | 3,10 | 19 mércores | 06:20 19:26 | 1,80 1,60 | 00:21 12:47 | 2,60 2,80 |
| 5 mércores | 07:12 19:59 | 1,50 1,10 | 01:09 13:33 | 2,90 3,30 | 20 xoves | 07:36 20:20 | 1,70 1,40 | 01:39 13:53 | 2,70 3,00 |
| 6 xoves | 08:21 20:57 | 1,20 0,90 | 02:22 14:37 | 3,20 3,50 | 21 venres | 08:26 20:59 | 1,40 1,20 | 02:30 14:39 | 3,00 3,20 |
| 7 venres | 09:12 21:43 | 0,90 0,60 | 03:15 15:28 | 3,40 3,80 | 22 sábado | 09:05 21:33 | 1,20 0,90 | 03:08 15:17 | 3,20 3,40 |
| 8 sábado | 09:56 22:23 | 0,70 0,50 | 03:58 16:11 | 3,70 4,00 | 23 domingo | 09:40 22:05 | 1,00 0,70 | 03:42 15:52 | 3,40 3,60 |
| 9 domingo | 10:36 23:00 | 0,50 0,40 | 04:37 16:51 | 3,80 4,10 | 24 luns | 10:14 22:37 | 0,80 0,60 | 04:14 16:27 | 3,60 3,80 |
| 10 luns | 11:14 23:35 | 0,50 0,40 | 05:13 17:29 | 3,90 4,10 | 25 martes | 10:48 23:10 | 0,60 0,50 | 04:47 17:01 | 3,80 3,90 |
| 11 martes | 11:50 | 0,50 | 05:47 18:05 | 3,90 4,00 | 26 mércores | 11:24 23:45 | 0,50 0,50 | 05:21 17:38 | 3,90 4,00 |
| 12 mércores | 00:09 12:27 | 0,50 0,60 | 06:21 18:40 | 3,80 3,80 | 27 xoves | 12:02 | 0,50 | 05:57 18:17 | 4,00 3,90 |
| 13 xoves | 00:43 13:03 | 0,70 0,80 | 06:54 19:15 | 3,70 3,60 | 28 venres | 00:22 12:44 | 0,50 0,60 | 06:36 18:59 | 3,90 3,80 |
| 14 venres | 01:16 13:40 | 0,90 1,00 | 07:28 19:51 | 3,50 3,30 | 29 sábado | 01:03 13:30 | 0,70 0,70 | 07:19 19:46 | 3,80 3,50 |
| 15 sábado | 01:50 14:21 | 1,20 1,20 | 08:05 20:31 | 3,30 3,00 | 30 domingo | 01:49 13:24 | 0,90 0,90 | 07:09 19:42 | 3,60 3,30 |
| | | | | | 31 luns | 01:44 14:31 | 1,20 1,20 | 08:11 20:56 | 3,40 3,00 |

A Coruña - 2022

| NOVEMBRO | | | | | | | | | |
|----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | Preamar | | Baixamar | | | Preamar | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 martes | 02:57 15:56 | 1,40 1,30 | 09:29 22:29 | 3,20 2,90 | 16 mércores | 02:49 16:00 | 1,70 1,60 | 09:20 22:17 | 2,90 2,70 |
| 2 mércores | 04:29 17:28 | 1,50 1,20 | 10:57 23:57 | 3,20 3,00 | 17 xoves | 04:11 17:18 | 1,70 1,60 | 10:39 23:35 | 2,90 2,80 |
| 3 xoves | 05:55 18:40 | 1,40 1,10 | 12:15 | 3,30 | 18 venres | 05:31 18:21 | 1,70 1,40 | 11:50 | 3,00 |
| 4 venres | 07:00 19:35 | 1,20 0,90 | 01:03 13:16 | 3,20 3,50 | 19 sábado | 06:32 19:09 | 1,50 1,20 | 00:35 12:46 | 2,90 3,20 |
| 5 sábado | 07:51 20:19 | 1,00 0,70 | 01:53 14:06 | 3,40 3,70 | 20 domingo | 07:20 19:49 | 1,30 1,00 | 01:21 13:33 | 3,20 3,30 |
| 6 domingo | 08:34 20:58 | 0,80 0,60 | 02:35 14:49 | 3,60 3,80 | 21 luns | 08:02 20:27 | 1,00 0,80 | 02:02 14:15 | 3,40 3,50 |
| 7 luns | 09:14 21:34 | 0,70 0,60 | 03:13 15:28 | 3,70 3,90 | 22 martes | 08:42 21:05 | 0,80 0,60 | 02:40 14:55 | 3,60 3,70 |
| 8 martes | 09:52 22:08 | 0,60 0,60 | 03:48 16:05 | 3,80 3,80 | 23 mércores | 09:22 21:43 | 0,60 0,50 | 03:18 15:36 | 3,80 3,80 |
| 9 mércores | 10:29 22:42 | 0,60 0,70 | 04:22 16:41 | 3,80 3,70 | 24 xoves | 10:04 22:24 | 0,50 0,50 | 03:57 16:18 | 3,90 3,90 |
| 10 xoves | 11:05 23:15 | 0,70 0,80 | 04:56 17:15 | 3,80 3,60 | 25 venres | 10:48 23:06 | 0,50 0,60 | 04:39 17:03 | 4,00 3,80 |
| 11 venres | 11:41 23:48 | 0,90 1,00 | 05:29 17:50 | 3,70 3,40 | 26 sábado | 11:35 23:52 | 0,50 0,70 | 05:23 17:50 | 4,00 3,70 |
| 12 sábado | 12:19 | 1,00 | 06:03 18:26 | 3,50 3,20 | 27 domingo | 12:26 | 0,60 | 06:11 18:43 | 3,90 3,50 |
| 13 domingo | 00:22 12:59 | 1,20 1,20 | 06:39 19:05 | 3,30 3,00 | 28 luns | 00:43 13:23 | 0,90 0,80 | 07:05 19:42 | 3,70 3,30 |
| 14 luns | 01:00 13:46 | 1,40 1,40 | 07:21 19:53 | 3,20 2,80 | 29 martes | 01:41 14:28 | 1,10 1,00 | 08:07 20:51 | 3,60 3,10 |
| 15 martes | 01:46 14:45 | 1,50 1,50 | 08:13 20:56 | 3,00 2,70 | 30 mércores | 02:48 15:42 | 1,30 1,10 | 09:17 22:08 | 3,40 3,00 |

| DECEMBRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | Preamar | | Baixamar | | | Preamar | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 xoves | 04:05 16:58 | 1,40 1,20 | 10:31 23:24 | 3,40 3,10 | 16 venres | 03:10 16:03 | 1,60 1,40 | 09:33 22:22 | 3,00 2,80 |
| 2 venres | 05:21 18:06 | 1,30 1,10 | 11:43 | 3,40 | 17 sábado | 04:18 17:08 | 1,60 1,40 | 10:39 23:29 | 3,00 2,90 |
| 3 sábado | 06:28 19:03 | 1,20 1,10 | 00:29 12:46 | 3,20 3,40 | 18 domingo | 05:26 18:09 | 1,50 1,30 | 11:44 | 3,10 |
| 4 domingo | 07:23 19:51 | 1,10 1,00 | 01:23 13:40 | 3,30 3,50 | 19 luns | 06:28 19:03 | 1,40 1,10 | 00:28 12:44 | 3,10 3,20 |
| 5 luns | 08:12 20:33 | 1,00 0,90 | 02:09 14:26 | 3,40 3,50 | 20 martes | 07:23 19:52 | 1,20 1,00 | 01:20 13:38 | 3,30 3,40 |
| 6 martes | 08:55 21:11 | 0,90 0,90 | 02:50 15:08 | 3,50 3,50 | 21 mércores | 08:13 20:38 | 0,90 0,80 | 02:08 14:29 | 3,50 3,50 |
| 7 mércores | 09:36 21:47 | 0,80 0,90 | 03:28 15:47 | 3,60 3,50 | 22 xoves | 09:02 21:24 | 0,70 0,70 | 02:54 15:18 | 3,70 3,70 |
| 8 xoves | 10:14 22:22 | 0,80 0,90 | 04:04 16:23 | 3,70 3,50 | 23 venres | 09:51 22:10 | 0,60 0,60 | 03:40 16:07 | 3,90 3,80 |
| 9 venres | 10:51 22:56 | 0,90 0,90 | 04:39 16:59 | 3,70 3,40 | 24 sábado | 10:40 22:58 | 0,40 0,60 | 04:27 16:56 | 4,00 3,80 |
| 10 sábado | 11:28 23:30 | 0,90 1,00 | 05:13 17:34 | 3,60 3,30 | 25 domingo | 11:30 23:46 | 0,40 0,60 | 05:16 17:46 | 4,10 3,80 |
| 11 domingo | 12:04 | 1,00 | 05:47 18:09 | 3,50 3,20 | 26 luns | 12:22 | 0,50 | 06:06 18:38 | 4,10 3,70 |
| 12 luns | 00:04 12:42 | 1,10 1,10 | 06:23 18:47 | 3,50 3,10 | 27 martes | 00:36 13:15 | 0,70 0,60 | 06:58 19:32 | 4,00 3,50 |
| 13 martes | 00:41 13:23 | 1,20 1,20 | 07:01 19:28 | 3,30 3,00 | 28 mércores | 01:29 14:11 | 0,90 0,80 | 07:53 20:29 | 3,80 3,30 |
| 14 mércores | 01:22 14:09 | 1,40 1,30 | 07:44 20:17 | 3,20 2,90 | 29 xoves | 02:26 15:10 | 1,00 1,00 | 08:51 21:31 | 3,60 3,20 |
| 15 xoves | 02:11 15:02 | 1,50 1,40 | 08:34 21:16 | 3,10 2,80 | 30 venres | 03:29 16:14 | 1,20 1,10 | 09:54 22:37 | 3,40 3,10 |
| | | | | | 31 sábado | 04:37 17:20 | 1,30 1,30 | 11:01 23:45 | 3,30 3,10 |